

UK Charity Triathlon – Event Arena



Information

- Go to our (charitytriathlon.org) website to see how many lengths of the swim, laps of the cycle and run course you will need to complete your triathlon.
- The cycle course is flat as well as on a very good tarmac surface.
- The run course is flat and on grass.
- There will be signs around the course and marshals guiding you in the right direction.
- Only swimmers will be allowed pool side. There is a viewing area within the leisure centre if you want to watch the swim.